



Suggested Donation Lists, Service-To-Go, and Kits

For Groups or Individuals who are interested in making an in-kind donation:

See this page on Kingdom House's website for suggested lists, how to get the donations to Kingdom House, and information about tax deductions:

<http://www.kingdomhouse.org/impactofdonations/in-kind-gifts/>

For Groups or Individuals who:

- Want to make donations to be used in a Kit
- Want to make donations and create Kits, but cannot come to Kingdom House
- Want to make donations and assemble the donations into Kits while they are here at Kingdom House
- Are helping to create Kits out of donations from other groups

Read below to learn about the various kits we can use at Kingdom House and find shopping lists and/or directions on how to put the kits together.

Be sure to reach out to Maureen at mhoeft@kingdomhouse.org or 314-627-9826 before getting started to learn about the most current needs and opportunities!

Volunteer & Staff Kits

Thank You Goodie Bags:

Materials Needed:

- sandwich sized ziplock bags
- paper
- markers
- candy

Directions for Kit-Making:

In each plastic bag, include

1. 5-6 small pieces of candy
2. a small note with a sentiment such as: (These are suggestions - feel free to be creative.)
 - a. Thanks for your time!
 - b. Thanks for your sweet service!
 - c. We appreciate your help!
 - d. Volunteers make Kingdom House a sweeter place.

- e. Kingdom House loves volunteers!

Stress Relieve Kit for ECC Teachers / Summer Camp Staff:

Materials Needed:

- sandwich bag sized ziplock bags or lunch-sized gift bag
- paper
- markers
- candy and/or gum
- mini bottle of lotion
- candle or other relaxing type item for use at home

Directions for Kit-Making:

In each plastic bag, include

1. 2-3 pieces of candy and/or gum, or one of the travel size bottle of lotion, or supply listed with idea
2. a small note with a sentiment such as: (These are suggestions - feel free to be creative.)
 - a. A little something to brighten your day
 - b. Bag of M&M's with note: Stress relief, Take as needed: Green to keep money flowing, brown for patience, yellow for positive attitude, Red for energy, blue for organization, orange for flexibility
 - c. Thanks for going the EXTRA mile! (Extra gum packet)
 - d. Hands down you're the best! (lotion or hand sanitizer)
 - e. Just POPPING by to say have a great day! (popcorn)

Family Kits & Other Kingdom House Participant Kits

Newborn Kit - Kingdom House is currently stocked up on these! Check back again if it is a particular interest of yours.

Stress Relief Kits for New Parents:

Materials Needed:

- bag (small gift bag or plastic bag)
- A few small items that would be a luxury or stress reliever for a new parent (Here are some suggestions, but feel free to include different items.)
 - nail polish
 - inspirational journal
 - gum / candy / chocolate
 - shout wipes
 - breakfast bar or healthy non-perishable snack item
 - lip balm
 - hand sanitizer

- lotion

Directions for Kit-Making:

In each bag include:

1. a few small items
2. a small note of encouragement or support, or an inspirational quotation

Powdered Laundry Detergent Bags:

Materials Needed:

- Powdered Laundry Detergent
- Sandwich or snack-sized ziplock bags
- small boxes
- clear shipping/package tape
- markers or printed labels

Directions for Kit-Making:

- Scoop 1 large load's worth of laundry detergent into each ziplock bag.
- Put 10 bags into each box.
- Seal the box with the clear tape
- Label the box: 10 Loads Laundry Detergent. (All the better if you're able to print a sticker label that includes a picture of the type of laundry detergent inside.)

The idea is that we then have boxes that contain enough detergent for 10 loads.

Diaper/Wipe Kit:

Materials Needed:

- 2.5 gallon plastic bags
- Diapers (most needed sizes 4,5,6)
- Packages of baby wipes

Directions for Kit-Making:

In each plastic bag, include

1. 20 diapers of the same size
2. package of baby wipes

Care Packages for Kingdom Academy Alumni (Twice per semester):

Materials Needed:

- Flat Rate USPS boxes - Check with us to determine the size needed before starting!
- Most-liked items:
 - Special K Breakfast Bars
 - Protein Bars

- Hot Chocolate
- Tea
- Chocolate
- Starburst
- Kit Kat bars
- Ankle socks
- Black pens
- Mechanical pencils
- Gift cards
- Funyuns
- Juicy Fruit gum
- Silly Putty (or some kind of stress ball)
- Hot Cheetos
- Wheat Thins
- Peanut M&M's
- Nature Valley Bars
- Crunch n Munch
- Emergen-C packets (pink)
- Kleenex
- Crystal Light

Directions for Kit-Making:

Because we only do this twice per semester and it involves paying for postage, please reach out to Kingdom House staff before starting this particular project.

Summer Fun for Little Ones Kit:

Materials Needed:

- bucket, basket, tote, reusable grocery bag, or disposable bag
- sidewalk chalk
- bubbles + bubble blowers and/or wands
- sunscreen
- playground balls (rubber, soccer, basketball)
- outdoor toys safe for children under 3 and/or 3-5 years of age.
- Swimsuits for 3-5 year-olds are also welcome, as well as beach towels!

Directions for Kit-Making:

Put the items in the container of your choice, and include a note if the kit is for a particular age group! We have 5 Early Childhood Center classrooms and 3 Infant/Toddler Center classrooms.

Good Cent\$ Kit

Through one-on-one coaching, financial education and access to credit and wealth building financial products, Kingdom House participants can receive financial stability services that provide the support needed to achieve their economic goals. If you're interested in supporting a family in getting their financial situations organized and on track for success, you can gather materials to be shared with

our Family Development Department. Feel free to package them creatively or simply purchase and drop off the items as they come from the store!

Materials Needed: (Any combination!)

- 1-inch binders
- binder folders
- file folders
- accordion file folders
- tiny accordion file folders for receipts
- notebooks
- planners
- gift cards (grocery, gas, etc.)
- office supplies (highlighters, pens, pencils)
- piggy banks
- tote bags
- stamps
- wallets (men and women) (NEW)

Health & Wellness Kits

The Kingdom House Health and Wellness Program offers fitness classes, nutrition and cooking workshops, one-on-one coaching sessions and a healthy meal feature. Participants receive the support and tools needed to achieve their health and wellness goals.

Interested donors might create a gift bag, basket, or reusable grocery bag filled with some of the following items to help our participants make what they learn at Kingdom House part of their daily lives.

Materials Needed:

Healthy Meal Planning Kit:

- **adult MyPlate flat plates**
- **stainless steel measuring cups & spoons**
- **grocery & gas gift cards**
- **stainless steel water bottles**
- **leak-proof lunch boxes with removable containers**
- **insulated lunch boxes**
- **lunch box storage containers**
- **lunch box ice packs**
- **high-quality pedometers**
- **weight scales**
- **toning rings**
- **exercise balls**
- **stretch bands**
- **quality jump ropes**
- **1 or 2 pound handheld weights**
- **Zumba, yoga, relaxation or any type of current exercise CD/DVD**
- **boxing gloves**
- **boxing mitts**

Toning & Exercise Kits:

- **stand punching bags**
- **oil diffusers**
- **therapeutic oils**

Clothing Kits

The Kingdom House Bodega offers the community a place to buy high quality, gently-used clothing...but when it comes to socks and underwear, we all prefer new! Interested groups can collect new socks and underwear and re-package them to be sold at a discounted price in our Bodega. ***This is one of our most-needed kits!***

Materials Needed:

- sandwich sized ziploc bags (for children's sizes)
- quart sized ziploc bags (for adult sizes)
- One or more of the following:
 - New boxers, briefs for men or boys
 - New briefs for women or girls
 - New white or black socks, for men or boys (crew cut, ankle cut, or athletic socks preferred)
 - New white or colored/patterned socks for women or girls

Directions for Kit-Making:

1. Reach out to Kingdom House to see if there are any particular sizes or styles needed at the time you will be preparing the kits.
2. In each bag include 3 new pairs of underwear (same size) or 3 new pairs of socks (same size).
3. Label the bag with as much information as possible to indicate the contents. For example, *Men's Large boxer briefs* or *Girls' Large 14-16 briefs*. (Permanent marker works best.)
4. See additional details below.

Ziploc bags: You can use sandwich-size bags for most children's sizes, quart bags for older children's and adults' sizes, and gallon bags for larger adult sizes.

Leftovers: Any spare socks & underwear that are left over after assembling the kits can be left in their package and donated along with the assembled kits.

IMPORTANT NOTE: As you are assembling the kits, please remember that socks, unlike underwear, do not have the size printed on them. If they get separated from their package, it's difficult to tell what size they are. It's best to leave socks in their package until you are ready to put them into the Ziploc bag.