Disability (SSI/SSD)	
Social Security Administration-SSI,SSDI	621-2704
Access Disability (D. Camp/B. McNamara)	450-4700
Crowe & Shanahan	231-6660
Gateway Legal Services	534-0404
Julia Mariani	265-8380

Division of Family Services (Food Stamps, Medicaid)	
3101 Chouteau (St. Louis City)	933-7000
4411 N. Newstead (Prince Hall)	877-2400
9900 Page (St. Louis County)	426-9600
8501 Lucas & Hunt (Jennings)	877-2470

Education	
GED Hotline	800-626-9433
Human Development Corporation	613-2200
St. Louis Community College	644-5522
St. Patrick Center (GED classes)	802-0700

Employment	
Employment Connections	652-0360
Human Development Corporation	613-2200
Jobs and Employment Support Service	644-0360
Missouri Career Center (ex-offenders)	877-0916
Near Southside Employment Coalition	865-4453
SLATE	589-8000
St. Patrick Center	802-0700
Vocational Rehabilitation (Downtown)	877-2940
Workforce Dev. Div. (Unemployment)	340-4950
Action Temps	621-1500
Adecco Temporary Agency	421-3858
B. Loehr Temps	567-6500
Express Personnel	621-8000
Labor Ready	776-0600
Manpower Temporary Agency	241-1356
Office Team Temporary Agency	621-8888

Food Pantries	
Hunger Hotline-Operation FoodSearch	726-5355
Isaiah 58 Ministries (M-F, 10-1)	776-1410
Meals on Wheels	268-1523
New Life Evangelistic Center (M-F, 10-1)	421-3020

Health Services	
ConnectCARE (Delmar)	361-2273
Family Care Health Center (Holly Hills)	353-5190
Family Care Health Center (Manchester)	531-5444
Grace Hill (Biddle)	814-8585
Grace Hill (Jefferson)	898-1999
Grace Hill (Soulard)	814-8680
Grace Hill (St. Patrick Center)	802-0711
Grace Hill (Water Tower)	898-1717
La Clinica Latino Health Center	664-5565

Health Services (continued)	
People's Health Center (Delmar)	367-7848
Poison Control Center	772-5200
Sexually Transmitted Diseases Clinic	879-6213
St. Louis City Health Department	612-5100
St. Louis Effort for AIDS (HIV testing)	645-6451

Homeless Shelters	
Men – Housing Resource Center referrals	
Peter and Paul	802-5444
Salvation Army Harbor Light	802-5444

Men – Independent Shelters (no HRC referral)	
Emmanuel Water Tower Ministries	533-4225
New Life Evangelistic Center	421-3020
Sunshine Mission	231-8209

Women - Domestic Violence Shelters	
ALIVE	993-2777
Fortress Women's Center	381-4422
Lydia's House	771-4411
Oasis (Alton, IL)	618-465-1978
Robertson Center (Lincoln County)	636-462-3355
Safe Place	877-266-8732
St. Martha's Hall	533-1313
Weinman Center	423-1117
Women's Center (St. Charles)	877-946-6854
Women's Safe House	772-4535

Women – Housing Resource Center referrals	
Christian Service Center (kids ok)	802-5444
Family Haven (kids ok)	802-5444
Grace & Peace (winter – no kids)	802-5444
Loaves and Fishes (kids ok)	802-5444
Maria Droste Recovery (no kids)	802-5444
Room at the Inn (kids ok)	802-5444
Shalom House (no kids)	802-5444
St. Patrick Center (no kids)	802-5444
St. Phillippine (no kids)	802-5444

Women – Independent Shelters (no HRC referral)	
Emmanuel Water Tower Ministries	533-4225
Escape Gospel House	385-5565
Karen House (kids ok)	621-4052
Missionaries of Charity (kids ok)	533-2777
New Life Evangelistic Center (kids ok)	421-3020
Rescue Mission (kids ok)	636-475-3030
Salvation Army-O'Fallon (kids ok)	636-240-4969

Women – Pregnancy Shelters	
Almost Home	771-4663
Haven of Grace	621-6722
Our Lady's Inn	351-4590
Good Shepherd Maternity Residential	664-4715

Homeless Shelters (continued)	
Illinois Shelters	
Holy Angels (East St. Louis)	618-874-4079
Salvation Army (Alton)	618-465-7764
Salvation Army (Belleville)	618-236-2167
Second Chance (East St. Louis)	618-482-5662

Youth Shelters	
Covenant House Missouri	351-4866
Dream House	367-6002
Youth Emergency Services	727-6294
Youth in Need	636-946-3771

Hotlines and Information/Referral	
ALIVE Domestic Violence Hotline	993-2777
Behavioral Health Response (BHR)	469-1500
Child Abuse and Neglect Hotline	800-392-3738
Covenant House Youth Hotline	800-999-9999
Elderly Abuse Hotline	800-392-0210
Empowerment Center Warm Line	866-525-1442
Kids Under Twenty-One (KUTO)	888-644-886
Life Crisis Adult Hotline	647-4357
United Way 2-1-1	421-4636

Housing	
Beyond Housing	862-0639
Cath. Char. Housing Resource Center	802-5444
HOPE (elderly)	776-0155
Housing & Urban Development	539-6583
St. Louis City Citizens Service	622-4800
St. Louis Housing Authority	531-4770
www.apartment-exchange.com	
www.craigslist.com	
www.socialserve.com	
www.stltoday.com	

Identification (Birth Certificates and State IDs)	
Centenary CARES (T,W-9:30, FCFS)	421-3136
St. Francis Xavier (T,W-9:00, FCFS)	977-7300

Jails	
St. Louis City Justice Center	621-5848
St. Louis Community Release Center	877-0300
St. Louis County Justice Center	615-5245
St. Louis City Med. Security Institution	621-5848

Legal Assistance	
American Civil Liberties Union (ACLU)	652-3111
Equal Employment Opportunity Comm	539-7800
Gateway Legal Services	534-0404
Lawyer's Reference Services	621-6681
Legal Services of Eastern MO	534-4200
Missouri Comm. on Human Rights	340-7590
Options for Justice	721-6161

St. Louis Community Resource Phone Guide

Updated August 2008

All numbers are area code 314 unless otherwise listed

Clothing	
Dress for Success	333-4490
Isaiah 58 Ministries (M-F, 10-1)	776-1410
Kingdom House (T/Th, 10-12)	421-0400
New Life Evangelistic Center	421-3020
Salvation Army	771-3460
Society of St. Vincent DePaul	531-7837
St. Louis Dream Center	381-0700
St. Patrick Center (M/W/F, 1-2:30)	802-0700
St. Vincent's Church (W, 12-2)	231-9328

Community Mental Health Centers	
BJC-Behavioral Health Call Center	729-4004
BJC-Behavioral Health – Central	206-3700
Hopewell Community Mental Health	531-1770

Counseling (Sliding Scale Fees)	
Life Crisis Services	647-4357
Center for Trauma Recovery	516-6738
Christian Family Services	968-2216
Crime Victim Advocacy Center	652-3623
Family Support Network	644-5055
Provident Counseling	533-8200
St. Louis Empowerment Center	652-6100
Women's Support & Community Services	531-2003

Courts	
St. Louis City Circuit Clerk (orders of prot.)	622-4434
St. Louis City Mental Health Court	622-3558
St. Louis City Municipal Court	622-3231
St. Louis County Mental Health Court	615-5698

Developmental Disabilities	
Life Skills	567-7705
Paraquad	289-4200
Productive Living Board for DD	726-6016
St. Louis ARC	569-2211
St. Louis City Regional Center	244-8800
St. Louis MR/DD	421-0090

Money Management	
Consumer Credit Counseling Service	888-656-2227
Mental Health Assoc. Rep. Payee	773-1399

Parenting Assistance	
Child Daycare Association	531-1412
Children's Division	340-7000
Community Action Agency of St. Louis	863-0015
Redev. Opportunities for Women	588-8300
St. Louis Crisis Nursery	768-3201

Psychiatric Hospitals (DMH Operated)	
Hawthorn Children's Psychiatric Hosp.	512-7656
Metropolitan Psychiatric Center	877-0500
St. Louis Psychiatric Rehab. Center	877-6500

Rental Assistance	
Doorways (HIV+)	535-1919
Hosea House (when available)	773-9027
Cath. Char. Housing Resource Center	802-5444
Isaiah 58 Ministries (when available)	776-1410
Paraquad (disabled)	289-4200
United Way 2-1-1	421-4636
Urban League (city)	615-3600
Urban League (county)	388-9840

Showers	
Horizon Club	436-1733
St. Louis Dream Center	381-0700

Substance Abuse	
Alcoholics Anonymous	647-3677
Bridgeway	
Community Alternatives	772-8801
Harris House	
Narcotics Anonymous	830-3232
Queen of Peace	

Transportation	
Call-a-Ride (reservations)	652-2600
Laclede Cab	361-2345
Medicaid	866-269-5927
Metro (Bus/Metrolink)	231-2345
New Life Evangelistic Center (city-to-city)	421-3020
Traveler's Aid (city-to-city)	241-5820

Utility Assistance	
AmerenUE	342-1000
AT&T	800-616-1171
AT&T Lifetime Telephone Service	800-464-7928
Catholic Charities DialHELP	371-4357
Circle of Concern	636-861-2623
Community Action Agency	863-0015
Doorways (must be HIV+)	535-1919

Utility Assistance (continued)	
Feed My People	631-4900
Franciscan Connection (when available)	773-8485
Human Development Corporation	535-7607
Isaiah 58 Ministries (when available)	776-1410
Missouri EnergyCare, Inc.	773-5900
New Life Evangelistic Center	421-3020
St. Jane Catholic Family Services	383-6539
Society of St. Vincent DePaul	531-2183
United Way 2-1-1	421-4636
Urban League	615-3600

Veterans Services	
Missouri Veterans Clinic	286-6988
St. Louis Regional Office (benefits)	800-827-1000
St. Louis Vet Center	531-5355
VA Medical Center (Jefferson Barracks)	652-4100
VA Medical Center (John Cochran)	652-4100

*** Additional detailed referral and information lists are available at CARES Outreach in the dining room***

Developed by Cares Outreach
1610 Olive Street
St. Louis, MO 63103
(314) 421-3136

Services Provided

- Breakfast (Monday-Friday, 7-9:30 a.m.)
- Lunch (Monday-Friday, 12-12:30 p.m.)
- Dinner (Sunday-Thursday, 5-5:30 p.m.)
- Permanent mailing address
- Hygiene items
- Birth certificates and state IDs (Tuesday and Wednesday, first-come, first-served at 9:30 am)
- Referrals to other agencies